## Foreword: Your Mission

I suspect you don't want to just live your life.

Am I right? You want to love your life. You want to wake up in the morning inspired about the day ahead, knowing you're doing exactly what you're meant to do.

You want to feel your life has significance. And you want to deeply experience happiness, even when it arises in its simplest forms.

This book is your invitation to go beyond just living to thriving.

It's your guide to bursting out of standard conventions of how your life is 'supposed' to be and instead treating your life as a canvas. Creating your own design. Envisioning and building a life that is completely your own beautiful, masterful work of art.

If you're like most people, you've been taught to chase goals. You've been told achievement is the yellow brick road to happiness.

You've been told wrong.

Achievement is marvelous. But there's a nasty, dark secret that lies beneath it: it will never lead to actual happiness unless it's tied to something bigger.

Fulfillment can only happen when you clearly understand who you are and align every career and life decision to what matters most to you, deep-down at the core of your being.

No matter what stage of life you're at right now, you can learn to thrive as a leader and in life.

So open your mind up to your wildest possibilities. And then, wider still.

Get ready to thrive.

Lisa Martin, PCC

